

# 2023-24 KINGS GRANT-THALIA BASKETBALL LEAGUE

## 6U CO-ED RULES

1. **PLAYER ELIGIBILITY AND AGE GROUPS.** Youth boys/girls: age 5-6 (“league age” is the child’s age on September 30, 2023).
2. **LEAGUE MISSION.** The Kings Grant-Thalia Basketball League exists to provide and encourage opportunities for youths to play safe, wholesome, and enjoyable sports, regardless of race, creed, ethnic or economic backgrounds by creating a fair and positive sporting experience that develops sportsmanship, respect, and friendly competition.
3. **6U DIVISION GOALS.** The number one goal of the 6U division is that every child who plays has such a positive experience they can’t wait to come back and play again the next year. This division is about introducing basketball to young children, promoting basic skill development and growing the players’ enthusiasm for the game. No score will or should be kept.
4. **ROSTERS**
  - A. Maximum of ten (10) players and two (2) coaches per team.
  - B. Coaches must have a valid Virginia Beach Parks & Recreation issued Youth Sports Volunteer ID in order to occupy the bench.
  - C. All rosters are developed and maintained by the 6U Coordinator. Any additions or requests for changes to the rosters must be submitted to the Division Coordinator, who will submit for concurrence from the KGBTL Basketball Committee.
  - D. Player requests for a particular coach or to be placed on a team with particular other players will be honored to the greatest extent possible.
5. **EQUIPMENT** (*Based on recommendations of USA Basketball*)
  - A. Ball size: 27.5 in
  - B. Goal Height: 8 ft
6. **SCHEDULE**
  - A. All practices and games will be on Mondays at 6:30-7:30 p.m.
  - B. Practices/Games will be on the following dates:
    1. December 4
    2. December 11
    3. December 18
    4. January 8
    5. January 22
    6. February 5
    7. February 12
    8. February 26
    9. March 4 (potential make-up date)

## **7. FORMAT**

- A. For the first two weeks, teams will practice from 6:30-7:30
- B. Beginning the third week, teams will practice for the first thirty minutes and then scrimmage against the team sharing the gym for the second thirty minutes
- C. The coaches shall be in charge of managing game play, including enforcing rules, determining length of halves/quarters, calling fouls, etc.
- D. If there are enough players on both teams, the coaches may agree to play two half-court scrimmages rather than one full-court scrimmage.

## **8. MANDATORY RULES**

- A. OFFENSE: Fast breaks are NOT allowed.
- B. DEFENSE:
  - 1. Defenses must stay behind the three-point line (if there is one), except to steal a pass or go after a loose ball. If there is no three-point line, defense should remain behind the top of the key (extended) to the sidelines.
  - 2. All teams must play a 2-1-2, 2-3 or 3-2 zone defense.
  - 3. No defense is allowed in the back court
- C. MANDATORY PLAY RULE: Every effort should be given to provide all players equal playing time.
- D. All other rules are discretionary between the coaches playing in the scrimmage, with the objective being to limit calls like traveling or double dribble early in the season and gradually call them more strictly as the season progresses and the players' skill levels develop.

## **9. CONDUCT & AUTHORITIES**

- A. Gym Supervisors are assigned by KGBTL. Coaches, players, and spectators are expected to cooperate with the Gym Supervisors. The gym supervisor will have:
  - 1. The authority to disqualify any coach or fan for unsportsmanlike conduct, inappropriate language, and/or objecting to the game officials decisions, and the authority to remove such persons from the building.
  - 2. The authority to rule on any point not specifically covered in these rules.
- B. Head coach is responsible for:
  - 1. Maintaining proper conduct among their assistants, players, and spectators at all times (before, during, and after all practices and games at all facilities). Players, coaches, and spectators may be suspended from future games based on inappropriate behavior. Unsportsmanlike conduct is not tolerated.
  - 2. Keeping spectators and non-roster individuals off their team benches.
- C. ONLY one (1) coach will be allowed on the court during a scrimmage.

- D. Any player or coach ejected from a game by an official for unsportsmanlike conduct will automatically be suspended from the next game to be played by his/her team **and will not be permitted at the facility during his/her suspension.**
- E. Any player or coach ejected from a game by an official for fighting will automatically be suspended for a minimum of the next two games to be played by his/her team **and will not be permitted at the facility during his/her suspension.** No notice of these suspensions shall be necessary.
- F. If a player or coach fails to comply with a given suspension, the team will forfeit and the team not at fault will receive credit for a win. The player or coach will still serve his/her suspension. Should an ejection occur during the last game of the season, the resulting suspension(s) will be enforced in the first game(s) of the following year's season.
- G. Any player or coach who is guilty of striking an official in any manner on City or School property during or after a game shall automatically be suspended indefinitely from participating in all leagues sponsored by the Virginia Beach Parks and Recreation Department.

## **10. INSURANCE**

- A. Players participating in the league must have accident insurance coverage. This is the parent's responsibility. The Department of Parks and Recreation does not provide insurance in case of injuries for the players or coaches.

## **11. POLICIES AND REGULATIONS.** For additional policies and regulations on player and team conduct and facilities use see the City of Virginia Beach Parks and Recreation, Virginia Beach Community League Youth Basketball Bylaws (dated October 2017) and the General Bylaws for all Community League Sports (March 2017). The aforementioned KGBTL rules take precedence.